

# SAMPLE MENU

## BREAKFAST

- A large selection of cereals & bread
- Flavoured yoghurts with fresh & poached fruits
- Scrambled eggs
- Grilled bacon and chipolatas
- Hash browns or potato gems
- Rice congee with condiments
- Stir fried wok dish
- Daily special, e.g eggs benedict

## LUNCH & DINNER

- Salad bar
- Make your own toastie, wrap and pizza station \*
- Bread Station including rolls & wraps
- Vegetable crudites with dips
- Continental & fresh meats
- Condiments
- Fresh fruit
- Ice cream bar
- Assorted desserts ^

We cater for a wide range of dietary requirements and restrictions.  
Here are some examples of our menu dishes over the course of a week:

	LUNCH	DINNER
MON	Mexican beef brisket, lime & coriander brown rice, smashed beans, tomato pineapple salsa, corn chips	Chicken cacciatore, spinach & ricotta ravioli, steamed vegetables, chickpea curry, wild rice
TUE	Vietnamese pho: beef & vegetarian broth, shredded chicken, vermicelli noodles, fish balls, puffed tofu, oxtail	Moroccan roast lamb, goan fish curry, vegetable pulao, palak paneer, aloo gobi, mushroom tikka masala
WED	Teriyaki chicken, yuzu furikake rice, miso roasted potatoes, stir fried tofu with asian greens, assorted sushi	Char sui pork, paprikash chicken, mac and cheese, sesame bok choy with barley, rosemary garlic butter peas
THU	Spanish roast pork, vegetable paella, patatas bravas, batter fried pimientos, spanish chorizo and potato salad	Roast turkey breast, gnocchi, chicken parmigiana, stuffed zucchini, farro asparagus, lyonnaise potatoes
FRI	Beer battered barramundi, chunky chips, haloumi & kale quiche, vegetable mee goreng, dukkah roast pumpkin	Sticky chili lamb ribs, chicken rendang, mushroom and peas pilaf, roast vegetable and quinoa medley
SAT	Trin fried chicken, beer battered onion rings, vegetable char keow teow, crumbed cauliflower tacos	Hoisin glazed pork belly, lemon oregano chicken, penne pesto, brown rice & zucchini skillet, yellow daal
SUN	Chunky beef & bacon pie, caramelised apple & pork sausage rolls, creamy mushrooms & corn pie	Beef lasagne, chicken korma, tawa pulao, mediterranean couscous, charred broccolini